



Rainbow Community Calendar

The **Rainbow Community Calendar (RCC)** is a monthly publication serving the LGBTQ community of Waterloo Region. It is named in tribute to the **Pink Triangle Community Calendar** created in 1989 by community activist Lisa Simkins. The **RCC** is issued by the **Rainbow Community Calendar Collective**, an action group of **SPECTRUM-Waterloo Region's Rainbow Community Space**. Print copies are available at **SPECTRUM**, **ACCKWA**, libraries, community centres, government and social services agencies in Waterloo Region.

Online at: <http://ourspectrum.com/rainbow-community-calendar/>

Weekly email of upcoming LGBTQ+ events, join the Rainbow e-mail list: <https://da.gd/rnbw>

Please e-mail calendar editor Lyn McGinnis with corrections or new information by the 20th of each month to: lynmc@rogers.com please put **RAINBOW CALENDAR in the subject line.**

SPECTRUM's Resource Centre and Drop-in Space is in Unit 210 at 283 Duke Street West, Kitchener, N2H 3X7 (corner of Duke Street West and Breithaupt). Park on Breithaupt Street side of the building, near the loading dock. Go in the Duke Street entrance, up the stairs, through the door, down the hallway to Unit 210.

Website: <http://ourspectrum.com/> (with hours of opening and much more)

Facebook: <https://www.facebook.com/SpectrumCommunitySpace/>

Twitter: [@our_SPECTRUM](https://twitter.com/our_SPECTRUM) **E-mail:** info@ourspectrum.com **Phone:** 226-779-9695

October Events

Starting October 1

SPECTRUM Tuesday Drop-In This social drop-in event **every Tuesday** afternoon is a great opportunity to meet other people, and to make new friends! We also have cookies and other (sometimes healthier) snacks to share. Feel free to drop in at any time on Tuesday between 12:00 to 4:00 p.m.

OK2BME Cambridge Youth Group ages 12 to 18. For more information: <https://ok2bme.ca/events/2019-10/>

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Starting October 2

SPECTRUM Prime. 7:00 to 9:00 p.m., first and third Wednesdays of the month – **October 2** and **16** at **SPECTRUM**. We see things differently as we age. Priorities shift. Social circles change. How can we deal with these challenges? As maturing members of the LGBTQ community, we gather together to create a welcoming environment where we can reduce isolation and expand our network of friends. Please join us for a casual discussion and social group for maturing adults.

Starting October 3

SPECTRUM Thursday Drop-In This social drop-in event **every Thursday** afternoon is a great opportunity to make new friends! We also have cookies and other (sometimes healthier) snacks. Feel free to drop in any Thursday between 12:00 to 4:00 p.m.

SPECTRUM Transgender Peer Support Group. 7:00 to 9:00 p.m. on Thursday **October 3** and **17** and Monday **October 14** and **28**. A normalizing environment for anyone identifying in the trans/gender variant umbrella at **SPECTRUM**.

Starting October 4

day5games. 7:00 to 11:00 p.m. **every Friday** at **SPECTRUM**. Join us as we gather at our space to play board and card games, assemble jigsaw puzzles and fiddle with constructions in an informal atmosphere.

Starting October 5

SPECTRUM Saturday Drop-In 2:00 to 5:00 p.m. **every Saturday.** Join us in a relaxing atmosphere where you can just be yourself in an LGBTQ-friendly setting. We have refreshments.

Starting October 6

Youth Under the Rainbow is a Drop-in for rainbow youth ages 13 through 18 from 1:00 to 4:00 PM at **SPECTRUM every Sunday.** Hang out, bring friends, and make new ones in a casual, LGBTQ2S-friendly setting. Refreshments provided! <http://our-spectrum.com/youth-under-the-rainbow/>

October 7

SPECTRUM Annual General Meeting from 7:00 to 9:00 p.m. in the Day Program Room, First Floor of the Downtown Community Centre, 35-B Weber Street West, Kitchener, 7:00 to 9:00 p.m. <http://ourspectrum.com/agm2019/>

October 8

Supporting LGBTQ2+ Students Success in Schools (\$) This workshop will be most beneficial to individuals interacting with the school system. <https://www.eventbrite.ca/e/supporting-lgbtq2-students-success-in-schools-tickets-56651382811>

<https://www.eventbrite.ca/e/supporting-lgbtq2-students-success-in-schools-tickets-56651382811>

OK2BME Youth Group: Drag Makeup Tutorial 12 to 14 <https://ok2bme.ca/events/2019-10/>

OK2BME Youth Group: Who are We? 15 to 18 <https://ok2bme.ca/events/2019-10/>

Celebrating reKINdle **SPECTRUM** and CommunityJustice Initiatives invite you to an event to celebrate our reKINdle project, funded by the Ontario Trillium Foundation. <https://www.eventbrite.ca/e/celebrating-rekindle-tickets-73320636999>

October 9

Aging with Pride Committee Meeting If you are interested in helping us improve life for older LGBTQ-identified people, please attend this monthly Committee meeting at **SPECTRUM** 6:30 to 8:30 p.m. <http://ourspectrum.com/projects/aging-with-pride/>

Queerly Christian 7:30 p.m. to 9:00 p.m. at the Erb Street Mennonite Church, 131 Erb Street West, Waterloo **October 9** and **23**. This is a group of people who identify as LGBTQ+ and Christian. Allies are welcome, but please recognize that this is intended as a space for LGBTQ+ Christians to share their lived experience. <https://pastorsinexile.org/2017/03/03/queerly-christian/>

October 10

Rainbow Multicultural Connect 7:00 to 9:00 p.m. at **SPECTRUM**. A gathering at **SPECTRUM** to discuss what it is like to be LGBTQ+ across the world. We meet on the **second and fourth Thursday of each month.**

October 11

PRIDEtoberfest (\$) Come celebrate Oktoberfest with our welcoming and inclusive community! <https://www.eventbrite.ca/e/pridetoberfest-tickets-65827376455>

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October 14

LGBTQ+ Drop-in for International Students, at Conestoga College Waterloo Campus, 108 University Avenue, Waterloo, Library Collaborative Room 5 **second Monday of each month**, from 5:00 to 6:00 p.m. Supportive environment. Food, games, and bus tickets provided. For more info text or call 226-338-5695 or promise@carizon.ca.

October 15

OK2BME Cambridge Youth Group 12 to 18 <https://ok2bme.ca/events/2019-10/>

Waterloo - Wellington - Perth PFLAG, Parents Family and Friends Peer-Support Group 7:00 to 9:00 p.m. on the **third Tuesday of the month**. Join us in a safe place for family and friends of people of the LGBTQ community at Multipurpose Room A in the Downtown Community Centre, 35-B Weber Street West, Kitchener. <https://www.facebook.com/PFLAG.WWP>

October 17

Plan B Co-operative KW's monthly drop-in 5:00 p.m. to 8:00 p.m. at Treehaus (79 Joseph St, Kitchener). **Third Thursday of each month** Plan B holds a drop-in space for LGBTQ+ community members to meet, learn about our programming and events, and just hang out!

We invite you to the **Seniors' Community Lunch** at Wesley United Cambridge (6 Cambridge Street) on the **third Thursday of every month**. Cost \$10. Call 519-621-6060 to ensure lunch. Meet and Greet for Rainbow Seniors in the Chapel, following the lunch from 1:00 - 2:00 p.m.

October 19

Rainbow Family Drop-In 10:00 a.m. to noon. Join other LGBTQ2S+ Families from KW and surrounding areas for monthly drop-in programming geared for ages 0-6. E-mail KWQueerFamilies@gmail.com

October 20

SPECTRUM Seven Shores Urban Market and Café Meeting Room from 2:00 to 4:00 p.m. (kitchen closes at 3:00 p.m.) on the **third Sunday of each month** 10 Regina Street North in Waterloo, 519-

342-0916. <https://www.facebook.com/groups/%20SPECTRUMOutings/>

October 22

SPECTRUM Legal Aid Clinic The clinic covers matters of civil law, housing (tenancy problems), transgender ID, and establishing immigration/refugee status. It operates on the **fourth Thursday of the month**. For more information see: <http://ourspectrum.com/projects/spectrum-legal-aid-clinic/> To make an appointment, contact legal-aid@ourspectrum.com

All OK2BME Youth Groups 12 - 18: Halloween Party! For more information: <https://ok2bme.ca/events/2019-10/>

October 23

Sexual Health Awareness Drop in 5:30 to 7:00 p.m. on the **fourth Thursday of the month**. Sponsored by ACCKWA at SPECTRUM, 283 Duke Street West, Unit 210.

SPECTRUM Converse and Connect This group provides an opportunity to talk in a safe environment from 7:00 to 9:00 p.m. on the **fourth Wednesday of each month** in the SPECTRUM Community Space. For details: <http://ourspectrum.com/converse-and-connect/>

October 25

K-W El-Tawhid Juma Circle Unity Mosque, this is a progressive Muslim social and prayer group, gender equal and LGBTQ affirmative. 2:00 - 4:30 p.m. Information: franps@golden.net.

October 26

OK2BME Youth Group Halloween Dance! For more information: <https://ok2bme.ca/event/ok2bme-halloween-youth-dance/>

October 27

Trans Fams Event. 4:00 p.m. Meet other families with Trans and Gender Independent Kids! Want to join our family and others for some fun activities? Contact Holly for more info at: hbmathers@gmail.com

October 29

OK2BME Cambridge Youth Group 12 to 18 <https://ok2bme.ca/events/2019-10/>

A PROUD SUPPORTER OF OUR COMMUNITY



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