



Rainbow Community Calendar

The **Rainbow Community Calendar (RCC)** is a monthly publication serving the LGBTQ community of Waterloo Region. It is named in tribute to the **Pink Triangle Community Calendar** created in 1989 by community activist Lisa Simkins. The **RCC** is issued by the **Rainbow Community Calendar Collective**, an action group of **SPECTRUM-Waterloo Region's Rainbow Community Space**. Print copies are available at **SPECTRUM**, **ACCKWA**, libraries, community centres, government and social services agencies in Waterloo Region.

Online at: <http://ourspectrum.com/rainbow-community-calendar/>

Weekly email of upcoming LGBTQ+ events, join the Rainbow e-mail list: <https://da.gd/rnbw>

Please e-mail calendar editor Lyn McGinnis with corrections or new information by the 20th of each month to: lynmc@rogers.com please put **RAINBOW CALENDAR in the subject line.**

SPECTRUM's Resource Centre and Drop-in Space is in Unit 210 at 283 Duke Street West, Kitchener, N2H 3X7 (corner of Duke Street West and Breithaupt). Park on Breithaupt Street side of the building, near the loading dock. Go in the Duke Street entrance, up the stairs, through the door, down the hallway to Unit 210.

Website: <http://ourspectrum.com/> (with hours of opening and much more)

Facebook: <https://www.facebook.com/SpectrumCommunitySpace/>

Twitter: @our_SPECTRUM **E-mail:** info@ourspectrum.com **Phone:** 226-779-9695

July Events

Starting July 1

SPECTRUM Weekday Morning Drop-In

This social drop-in event is a great opportunity to meet other people, to talk about whatever you currently have on your mind in an LGBTQ-friendly setting. Feel free to drop in at any time between 8:00 a.m. and 11:30 a.m.

Starting July 2

SPECTRUM Tuesday Drop-In This social drop-in event **every Tuesday** afternoon is a great opportunity to meet other people, and to make new friends! We also have cookies and other (sometimes healthier)

snacks to share. Feel free to drop in at any time on Tuesday between 12:00 to 4:00 p.m.

OK2BME Youth Groups 12 to 14 Visit <https://ok2bme.ca/events/2019-07/> for details as they become available.

OK2BME Youth Groups 15 to 18 Visit <https://ok2bme.ca/events/2019-07/> for details as they become available.

Starting July 3

SPECTRUM Prime. 7:00 to 9:00 p.m., first and third Wednesdays of the month - **July 3** and **17** at **SPECTRUM**. We see things differently as we age. Priorities shift. Social circles change.

How can we deal with these challenges? As maturing members of the LGBTQ community, we gather together to create a welcoming environment where we can reduce isolation and expand our network of friends. Please join us for a casual discussion and social group for maturing adults.

Fifty Years over the Rainbow: the Stonewall riots and the legacy of Judy Garland After Judy Garland's funeral in Manhattan in June 27, 1969, in Greenwich Village, the Stonewall Inn was raided by police. The Stonewall Riots are the catalyst of the modern gay rights movement. The legacies of Judy Garland and the Stonewall Riots culture and will be examined by Michelle Johnston, Wilfrid Laurier University from 7:00 to 8:30 p.m. at the Waterloo Public Library, Main Branch, 35 Albert Street, Waterloo.

Starting July 4

SPECTRUM Thursday Drop-In This social drop-in event **every Thursday** afternoon is a great opportunity to meet other people, and to make new friends! We also have cookies and other (sometimes healthier) snacks to share. Feel free to drop in at any time on Thursday between 12:00 to 4:00 p.m.

SPECTRUM Transgender Peer Support Group. 7:00 to 9:00 p.m. on **Thursday July 4** and **18** and **Monday July 8** and **22**. A safe and normalizing environment for anyone identifying in the trans/gender variant umbrella at **SPECTRUM**.

Starting July 5

day5games. 7:00 to 11:00 p.m. **every Friday** at **SPECTRUM**. Join us as we gather at our space to play board and card games, assemble jigsaw puzzles and fiddle with constructions in an informal atmosphere.

Starting July 6

SPECTRUM Saturday Drop-In 2:00 to 5:00 p.m. **every Saturday**. Come and hang out with us in a casual, relaxing atmosphere where you can just be yourself in an LGBTQ-friendly setting. We have refreshments.

Starting July 7

Youth Under the Rainbow is a Drop-in for rainbow youth ages 13 through 18 from 1:00 to 4:00 PM at **SPECTRUM every Sunday**. Hang out, bring friends, and make new ones in a casual, LGBTQ2S-friendly setting. Refreshments provided! <http://ourspectrum.com/youth-under-the-rainbow/>

July 8

LGBTQ+ Drop-in for International Students, Refugees and Immigrants at **Conestoga College Waterloo Campus, 108 University Avenue, Waterloo, Library Collab Rm 5 second Monday of each month**, from 5:00 to 6:00 p.m. Connect with people in a supportive environment. Food, games, and bus tickets provided. For more info text or call 226-338-5695 or promise@carizon.ca.

July 9

KW Counselling - Parenting Gender Independent Kids The workshop is designed to address the unique challenges that may be faced by parents of children or teens who identify as gender independent or transgender. From 5:00 to 8:00 p.m. in Room 217, **KW Counselling Services, 480 Charles St East Kitchener:** <https://ok2bme.ca/event/public-education-parenting-gender-independent-kids/>

OK2BME Cambridge Youth Group ages 12 to 18 from 6:00 to 7:30 p.m. Visit <https://ok2bme.ca/events/2019-07/>

July 10

Aging with Pride Committee Meeting If you are interested in helping us improve life for older LGBTQ-identified people, please attend this monthly Committee meeting at **SPECTRUM** 6:30 to 8:30 p.m. <http://ourspectrum.com/projects/aging-with-pride/>

Queerly Christian 7:30 p.m. to 9:00 p.m. at the **Erb Street Mennonite Church, 131 Erb Street West, Waterloo July 10 and 24**. This is a group of people who identify as LGBTQ+ and Christian. Allies are welcome, but please recognize that this is intended

as a space for LGBTQ+ Christians to share their lived experience. <https://pastorsinexile.org/2017/03/03/queerly-christian/>

July 11

Rainbow Multicultural Connect 7:00 to 9:00 p.m. at SPECTRUM. A gathering at SPECTRUM to discuss what it is like to be LGBTQ+ across the world. We meet on the second Thursday of each month.

July 16

Waterloo - Wellington - Perth PFLAG, Parents Family and Friends Peer-Support Group 7:00 to 9:00 p.m. on the third Tuesday of the month. Join us in a warm, welcoming and safe place for all family and friends of people of the LGBTQ community at Multipurpose Room A in the Downtown Community Centre, 35-B Weber Street West, Kitchener. <https://www.facebook.com/PFLAG.WWP>

July 16 and 30

OK2BME 12 to 14 Visit <https://ok2bme.ca/events/2019-07/> for details as they become available.

OK2BME 15 to 18 Visit <https://ok2bme.ca/events/2019-07/> for details as they become available.

July 18

Kik's LGBTQ+ Board Game Bonanza Come join us at Kik's offices to have fun, socialize, and support the LGBTQ+ community. Board games galore, Mario Kart on our MASSIVE big screen, and free food/refreshments will be provided. 7:00 to 10:00 p.m. at Kik Office, 137 Glasgow Street Suite 525, Kitchener. <https://www.eventbrite.com/e/kiks-lgbtq-board-game-bonanza-tickets-63434250551>

July 21

SPECTRUM Seven Shores Urban Market and Café Meeting Room from 2:00 to 4:00 p.m. (kitchen closes at 3:00 p.m.) on the third Sunday of the month 10 Regina Street North in Waterloo, 519-342-0916. For more information see: <https://www.facebook.com/groups/%20SPECTRUMOutings/>

July 23

OK2BME Cambridge Youth Group ages 12 to 18 from 6:00 to 7:30 p.m. Visit <https://ok2bme.ca/events/2019-07/>

July 24

Sexual Health Awareness Drop in 5:30 to 7:00 p.m. on the fourth Thursday of the month. Sponsored by ACCKWA at SPECTRUM, 283 Duke Street West, Unit 210.

SPECTRUM Converse and Connect Whether you're thinking about coming out, newly out, or out for ages, this group provides an opportunity to talk, share and connect with others in the LGBTQ community aged 19+ in a safe, positive and supportive environment. This group meets from 7:00 to 9:00 p.m. on the fourth Wednesday of each month in the SPECTRUM Community Space. For details: <http://ourspectrum.com/converse-and-connect/>

July 25

We invite you to the **Seniors' Community Lunch** at Wesley United Cambridge (6 Cambridge Street) on the third Thursday of every month. Cost \$10. Please call 519-621-6060 so we know how many lunches to prepare. Meet and Greet for Rainbow Seniors in the Chapel, hosted by Rev. Roy Holton and Laura Wilson immediately following the lunch from 1:00 - 2:00 p.m.

Plan B Co-operative KW's monthly drop-in 5:00 p.m. to 8:00 p.m. at Treehaus (79 Joseph St, Kitchener). Third Thursday of each month Plan B holds a drop-in space for LGBTQ+ community members to meet and mingle, learn about our programming and events, and just hang out!

Queer Spawn Page1 presents Queer-Spawn by Kira Meyers-Guiden **July 25 to 27**. Held at Kitchener-Waterloo Little Theatre, 9 Princess Street East, Waterloo, this one-person show is a compilation of stories about growing up as a second generation queer spawn (lesbian born of lesbians). <http://bit.ly/2ZaBnDC>

July 24

K-W El-Tawhid Juma Circle Unity Mosque, this is a progressive Muslim social and prayer group which is gender equal and LGBTQ affirmative. Join us 2:00 - 4:30 p.m. For more information: franps@golden.net.

A PROUD SUPPORTER OF OUR COMMUNITY



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