



Rainbow Community Calendar

The **Rainbow Community Calendar (RCC)** is a monthly publication serving the LGBTQ community of Waterloo Region. It is named in tribute to the **Pink Triangle Community Calendar** created in 1989 by community activist Lisa Simkins. The **RCC** is issued by the **Rainbow Community Calendar Collective**, an action group of **SPECTRUM-Waterloo Region's Rainbow Community Space**. Print copies are available at **SPECTRUM**, **ACCKWA**, libraries, community centres, government and social services agencies in Waterloo Region.

Online at: <http://ourspectrum.com/rainbow-community-calendar/>

Weekly email of upcoming LGBTQ+ events, join the Rainbow e-mail list: <https://da.gd/rnbw>

Please e-mail calendar editor Lyn McGinnis with corrections or new information by the 20th of each month to: lynmc@rogers.com please put **RAINBOW CALENDAR in the subject line.**

SPECTRUM's Resource Centre and Drop-in Space is in Unit 210 at 283 Duke Street West, Kitchener, N2H 3X7 (corner of Duke Street West and Breithaupt). Park on Breithaupt Street side of the building, near the loading dock. Go in the Duke Street entrance, up the stairs, through the door, down the hallway to Unit 210.

Website: <http://ourspectrum.com/> (with hours of opening and much more)

Facebook: <https://www.facebook.com/SpectrumCommunitySpace/>

Twitter: @our_SPECTRUM **E-mail:** info@ourspectrum.com **Phone:** 226-779-9695

May Events

Starting May 1

SPECTRUM Prime. 7:00 to 9:00 p.m., first and third Wednesdays of the month – On Wednesday, **May 1**, **SPECTRUM's** older adult group will be having dinner at Arabesque Restaurant to support **ACCKWA's** "A Taste for Life." Our reservation is under the name **SPECTRUM**, and we will be arriving between 6:00 p.m. and 6:30 p.m. at Arabesque (869 Victoria St. North, Kitchener, Ontario N2B 3C3). On Wednesday, **May 15** we return to our regular meeting place – **SPECTRUM**.

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Starting May 2

SPECTRUM Thursday Drop-In This social drop-in event **every Thursday** afternoon is a great opportunity to meet other people, and to make new friends! We also have cookies and other (sometimes healthier) snacks to share. Feel free to drop in at any time on Thursday between 12:00 to 4:00 p.m.

SPECTRUM Transgender Peer Support Group. 7:00 to 9:00 p.m. on Thursday **May 2** and **16** and Monday **May 13** and **27**. A safe and normalizing environment for anyone identifying in the trans/gender variant umbrella at **SPECTRUM**.

Starting May 3

day5games. 7:00 to 11:00 p.m. **every Friday** at **SPECTRUM**. Join us as we gather at our space to play board and card games, assemble jigsaw puzzles and fiddle with constructions in an informal atmosphere.

Starting May 4

SPECTRUM Saturday Drop-In 2:00 to 5:00 p.m. **every Saturday**. Come and hang out with us in a casual, relaxing atmosphere where you can just be yourself in an LGBTQ-friendly setting. We have refreshments.

Starting May 5

Youth Under the Rainbow is a Drop-in for rainbow youth ages 13 through 18 from 1:00 to 4:00 PM at **SPECTRUM every Sunday**. Hang out, bring friends, and make new ones in a casual, LGBTQ2S-friendly setting. Refreshments provided! <http://our-spectrum.com/youth-under-the-rainbow/>

Friends of Dorothy' Bowling League Brunswick Frederick Lanes, 385 Frederick Street, Kitchener 1:15 p.m. to 3:00 p.m. We meet **every Sunday** from September to Mid-May. All are welcome to participate. \$16 for three games, plus shoe rental (\$2.50).

May 6

LGBTQ+ Drop-in for International Students, Refugees and Immigrants at Conestoga College Doon Campus, Rm 2D22 **every Monday**, from 5:00 to 6:00 p.m. Connect with people in a supportive environment. Food, games, and bus tickets provided. For more info text or call 226-338-5695 or promise@carizon.ca.

Starting May 7

SPECTRUM Tuesday Drop-In This social drop-in event **every Tuesday** afternoon is a great opportunity to meet other people, and to make new friends! We also have cookies and other (sometimes healthier) snacks to share. Feel free to drop in at any time on Tuesday between 12:00 to 4:00 p.m.

OK2BME Talent Show 12 to 14 Visit <https://ok2bme.ca/events/2019-05/> for details as they become available.

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May 7

OK2BME Life after High School ages 15 to 18 Visit <https://ok2bme.ca/events/2019-05/> for details as they become available.

May 8

Aging with Pride Committee Meeting If you are interested in helping us improve life for older LGBTQ-identified people, please attend this monthly Committee meeting at **SPECTRUM** 6:30 to 8:30 p.m. <http://ourspectrum.com/projects/aging-with-pride/>

Queerly Christian 7:30 p.m. to 9:00 p.m. at the Erb Street Mennonite Church, 131 Erb Street West, Waterloo **May 8** and **22**. This is a group of people who identify as LGBTQ+ and Christian. Allies are welcome, but please recognize that this is intended as a space for LGBTQ+ Christians to share their lived experience. <https://pastorsinexile.org/2017/03/03/queerly-christian/>

May 9

Rainbow Multicultural Connect 7:00 to 9:00 p.m. at **SPECTRUM**. A group where people from diverse cultures gather together at **SPECTRUM** to discuss what it is like to be LGBTQ+ across the world. We meet on the second Thursday of the month.

Starting May 14

OK2BME Cambridge May 14 and **28** ages 13 to 18 Visit <https://ok2bme.ca/events/2019-05/> for details as they become available.

May 15

Comic Sans at Patent Social, 17 Erb Street East, Waterloo from 8:00 to 10:00 p.m. Formerly Alice's Big Queer Comedy Show, **Comic Sans** is a monthly comedy event that showcases the unique voices of queer/BIPOC/marginalized performers. Produced and hosted by Alice Rose, **Comic Sans** takes place on the third Wednesday of every month at Patent Social. <https://www.eventbrite.ca/e/comic-sans-tickets-58681429736>

May 16

We invite you to the **Seniors' Community Lunch** at Wesley United Cambridge (6 Cambridge Street) on the third Thursday of every month. Cost \$10. Please call 519-621-6060 so we know how many lunches to prepare. Meet and Greet for Rainbow Seniors in the Chapel, hosted by Rev. Roy Holton and Laura Wilson immediately following the lunch from 1:00 - 2:00 p.m.

Plan B Co-operative KW's monthly drop-in 5:00 p.m. to 8:00 p.m. at Treehaus (79 Joseph St, Kitchener). Third Thursday of each month Plan B holds a drop-in space for LGBTQ+ community members to meet and mingle, learn about our programming and events, and just hang out!

May 19

SPECTRUM Outing to the Symposium Café from 3:00 to 5:00 p.m. on the third Sunday of the month join us at the Symposium Cafe Restaurant and Lounge, **an accessible location**, 668 Erb Street West on the Boardwalk in Waterloo, 519-749-4616. For more information see: <https://www.facebook.com/groups/%20SPECTRUMOutings/>

May 21

OK2BME Event Planning 15 to 18 Visit <https://ok2bme.ca/events/2019-05/> for details as they become available.

OK2BME Meet and Author 12 to 14 Visit <https://ok2bme.ca/events/2019-05/> for details as they become available.

Waterloo - Wellington - Perth PFLAG, Parents Family and Friends Peer-Support Group 7:00 to 9:00 p.m. on the third Tuesday of the month. Join us in a warm, welcoming and safe place for all family and friends of people of the LGBTQ community at Multipurpose Room A in the Downtown Community Centre, 35-B Weber Street West, Kitchener. <https://www.facebook.com/PFLAG.WWW>

May 22

Sexual Health Awareness Drop in 5:30 to 7:00 p.m. on the fourth Thursday of the month. Sponsored by ACCKWA at SPECTRUM, 283 Duke Street West, Unit 210.

SPECTRUM Converse and Connect Whether you're thinking about coming out, newly out, or out for ages, this group provides an opportunity to talk, share and connect with others in the LGBTQ community aged 19+ in a safe, positive and supportive environment. This group meets from 7:00 to 9:00 p.m. on the fourth Wednesday of each month in the SPECTRUM Community Space. For details: <http://ourspectrum.com/converse-and-connect/>

Lesbo Bingo a family-friendly evening all in support of your tri-Pride for EVERYONE. Information: <https://www.facebook.com/events/2061612290574403/>

May 25

To the Moon and Back Rainbow Chorus Waterloo-Wellington Spring Concert at Harcourt United Church, 87 Dean Avenue, Guelph starting at 7:30 p.m. Tickets: www.rainbowchorus.ca

May 26

Trans Fams Event. 4:00 p.m. Are you interested in meeting other families with Trans and Gender Independent Kids? Want to join our family and others for some fun activities? Contact Holly for more info at: hbmathers@gmail.com

May 30, 31, June 1

There are No Gays in Chechnya (\$). a drama that looks to give voice to those currently being persecuted <https://www.eventbrite.ca/e/there-are-no-gays-in-chechnya-tickets-56120599223>

May 31

K-W El-Tawhid Juma Circle Unity Mosque, this is a progressive Muslim social and prayer group which is gender equal and LGBTQ affirmative. Join us from 2:00 - 4:30 p.m. For more information: Fran at franps@golden.net.

A PROUD SUPPORTER OF OUR COMMUNITY



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