

A PROUD SUPPORTER OF OUR COMMUNITY



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FREE



Rainbow Community Calendar

The **Rainbow Community Calendar (RCC)** is a monthly publication serving the LGBTQ community of Waterloo Region. It is named in tribute to the **Pink Triangle Community Calendar** created in 1989 by community activist Lisa Simkins. The **RCC** is issued by the **Rainbow Community Calendar Collective**, an action group of **SPECTRUM-Waterloo Region's Rainbow Community Space**. Print copies are available at SPECTRUM, ACCKWA, libraries, community centres, government and social services agencies in Waterloo Region.

Online at: <http://ourspectrum.com/rainbow-community-calendar/>

Weekly email of upcoming LGBTQ+ events, join the Rainbow e-mail list: <https://da.gd/rnbw>

Please e-mail calendar editor Lyn McGinnis with corrections or new information by the 20th of each month to: lynmc@rogers.com

please put **RAINBOW CALENDAR in the subject line.**

SPECTRUM's **Resource Centre and Drop-in Space** is in Unit 210 at 283 Duke Street West, Kitchener, N2H 3X7 (corner of Duke Street West and Breithaupt). Park on Breithaupt Street side of the building, near the loading dock. Go in the Duke Street entrance, up the stairs, through the door, down the hallway to Unit 210.

Website: <http://ourspectrum.com/> (with hours of opening and much more)

Facebook: <https://www.facebook.com/SpectrumCommunitySpace/>

Twitter: [@our_SPECTRUM](https://twitter.com/our_SPECTRUM) **E-mail:** info@ourspectrum.com **Phone:** 226-779-9695

November Events

Starting November 1

SPECTRUM Transgender Peer Support Group. 7:00 to 9:00 p.m. on Thursday **November 1, 15** and Monday **November 12, 26**. A safe and normalizing environment for anyone identifying in the trans/gender variant umbrella at SPECTRUM.

Starting November 2

day5games. 7:00 to 11:00 p.m. **November 2, 9, 16, 23, 30** at SPECTRUM. Join us as we gather at our space to play board and card games, assemble jigsaw puzzles and fiddle with constructions in an informal atmosphere.

Starting November 4

SPECTRUM Saturday Drop-In 2:00 to 5:00 p.m. Saturdays, **November 3, 10, 17, 24**. Come and hang out with us in a casual, relaxing atmosphere where you can just be yourself in an LGBTQ-friendly setting. We have refreshments.

Starting November 6

OK2BME Youth Group For ages 12 to 14 Religion and Spirituality. Ages 15 - 18 Politics and Activism. Visit www.ok2bme.ca for details as they become available.

Starting November 7

SPECTRUM Prime. 7:00 to 9:00 p.m., first and third Wednesdays of the month – **November 7** and **21** at SPECTRUM. We see things differently as we age. Priorities shift. Social circles change. How can we deal with these challenges? As maturing members of the LGBTQ community, we gather together to create a welcoming environment where we can reduce isolation and expand our network of friends. Please join us for a casual discussion and social group for maturing adults.

November 8

Rainbow Multicultural Connect 7:00 to 9:00 p.m. at SPECTRUM. A group where people from diverse cultures gather together at SPECTRUM to discuss what it is like to be LGBTQ+ across the world. We meet on the second Thursday of the month.

Starting November 9

KW El-Tawhid Circle, a progressive Muslim social and prayer group which is gender equal and LGBTQ affirmative. Every second Friday afternoon from 2:00 – 4:30 p.m. **November 9** and **23**. More information: Fran at franps@golden.net.

November 11

Trans Fams Event. 4:00 p.m., **November 11**. Are you interested in meeting other families with Trans and Gender Independent Kids? Want to join our family and others for some fun activities? Contact Holly for more info at: hbmathers@gmail.com

Starting November 13

OK2BME Youth Group in Cambridge For ages 13 - 18 Healthy Relationships. Visit www.ok2bme.ca for details as they become available.

November 14

Aging with Pride Committee Meeting If you are interested in helping us improve life for older LGBTQ-identified people, please attend this monthly Committee meeting at SPECTRUM 6:30 to 8:30 p.m. <http://ourspectrum.com/projects/aging-with-pride/>

Queerly Christian 7:30 p.m. to 9:00 p.m. at the Erb Street Mennonite Church, 131 Erb Street West, Waterloo **November 14** and **28**. This is a group of people who identify as LGBTQ+ and Christian. Allies are welcome, but please recognize that this is intended as a space for LGBTQ+ Christians to share their lived experience. <https://pastorsinexile.org/2017/03/03/queerly-christian/>

November 15

We invite you to the **Seniors' Community Lunch** at Wesley United Cambridge (6 Cambridge Street) on the third Thursday of every month. Cost \$10. Please call 519-621-6060 so we know how many lunches to prepare. Meet and Greet for Rainbow Seniors LGBTQ+(55yrs) in the Chapel, hosted by Rev. Roy Holton and Laura Wilson immediately following the lunch from 1:00 - 2:00 p.m.

Plan B Co-operative KW's monthly drop-in hours **Thursday, November 15, at 5:00 p.m. to 8:00 p.m.** at Treehaus (79 Joseph St, Kitchener). Third Thursday of each month Plan B holds a drop-in space for LGBTQ+ community members to meet and mingle, learn about our programming and events, and just hang out!

November 18

SPECTRUM Outing to the Symposium Café from 3:00 to 5:00 p.m. on the third Sunday of the month join us at the Symposium Cafe Restaurant and Lounge, at **a new, accessible location**, 668 Erb Street West on the Boardwalk in Waterloo, 519-749-4616. For more information see: <https://www.facebook.com/groups/%20SPECTRUMOutings/>

November 20

OK2BME Youth Group For ages 12 to 14 As a Queer. Ages 15 - 18 Hologay Party Planning. Visit www.ok2bme.ca for details as they become available.

Waterloo - Wellington - Perth PFLAG, Parents Family and Friends Peer-Support Group 7:00 to 9:00 p.m. on the third Tuesday of the month. **November 20**. Join us in a warm, welcoming and safe place for all family and friends of people of the LGBTQ community at Pre-School Room, Downtown Community Centre, 35-B Weber Street West, Kitchener. <https://www.facebook.com/PFLAG.WWP>

November 22

Sexual Health Awareness Drop in 5:30 to 7:00 p.m. on the fourth Thursday of the month. **November 22**. Sponsored by ACKWA at SPECTRUM, 283 Duke Street West, Unit 210.

SPECTRUM Reading Circle 7:00 to 8:30 p.m. on the fourth Thursday of the month. **November 22**. In our Reading Circle we read short stories and articles aloud on the spot; no prior reading is required. Then we reflect on what we have read. Join us for this exploration of LGBTQ literature and what it means to us personally at SPECTRUM.

SPECTRUM News!

SPECTRUM is excited to announce that we have received a Trillium grant jointly with Community Justice Initiatives for creating safer spaces for seniors in a few local retirement homes and housing projects. In a related development, SPECTRUM has established a Safe Affordable Housing Committee to determine how to ensure that there is affordable

November 27

OK2BME Youth Group in Cambridge For ages 13 - 18 Discussion Night and Hologay Party Planning. Visit www.ok2bme.ca for details as they become available.

Good Laughs. 7:00 p.m. until closing, last Tuesday of the month: **November 27**. A safe space for trans people to explore their identity in the community; open to allies as well at Symposium Café, Waterloo (corner of King and Erb) - back room. goodlaughs81@gmail.com <https://www.facebook.com/goodlaughs81/?fref=ts>

November 28

SPECTRUM Converse and Connect Whether you're thinking about coming out, newly out, or out for ages, this group provides an opportunity to talk, share and connect with others in the LGBTQ community aged 19+ in a safe, positive and supportive environment. Beginning **November 28**, this group meets from 7:00 to 9:00 p.m. on the fourth Wednesday of each month in the SPECTRUM Community Space. For details: <http://ourspectrum.com/converse-and-connect/>

OK2BME Public Education Supporting LGBTQ2+ Students' Success in Schools. Visit www.ok2bme.ca for details as they become available.

housing where LGBTQ-identified individuals will feel free to live authentically. As a charitable society, SPECTRUM is able to issue income-tax receipts for donations. If you are able, we ask you to consider supporting us in the work that we do for the community. Details at <http://ourspectrum.com/get-involved/donate/>