

# A PROUD SUPPORTER OF OUR COMMUNITY



**PAUL D. CURZON** BROKER SINCE 1985  
Curzon Realty Group



Direct/Text: 519-572-5300  
Office 519-579-4110  
[paul@extremehomes.ca](mailto:paul@extremehomes.ca)

RE/MAX TWIN CITY REALTY INC-BROKERAGE  
INDEPENDENTLY OWNED AND OPERATED



## Rainbow Community Calendar

The **Rainbow Community Calendar (RCC)** is a monthly publication serving the LGBTQ community of Waterloo Region. It is named in tribute to the **Pink Triangle Community Calendar** created in 1989 by community activist Lisa Simkins. The RCC is issued by the **Rainbow Community Calendar Collective**, an action group of SPECTRUM-Waterloo Region's **Rainbow Community Space**. Print copies are available at SPECTRUM, ACCKWA, libraries, community centres, government and social services agencies in Waterloo Region.

Online at: <http://ourspectrum.com/rainbow-community-calendar/>

Weekly email of upcoming LGBTQ+ events, join the Rainbow e-mail list: <https://da.gd/rnbw>

**Please e-mail calendar editor Lyn McGinnis with corrections or new information by the 20th of each month to: [lynmc@rogers.com](mailto:lynmc@rogers.com)**

**please put **RAINBOW CALENDAR** in the subject line.**

SPECTRUM's **Resource Centre and Drop-in Space** is in Unit 210 at 283 Duke Street West, Kitchener, N2H 3X7 (corner of Duke Street West and Breithaupt). Park on Breithaupt Street side of the building, near the loading dock. Go in the Duke Street entrance, up the stairs, through the door, down the hallway to Unit 210.

**Website:** <http://ourspectrum.com/> (with hours of opening and much more)

**Facebook:** <https://www.facebook.com/SpectrumCommunitySpace/>

**Twitter:** [@our\\_SPECTRUM](https://twitter.com/our_SPECTRUM) **E-mail:** [info@ourspectrum.com](mailto:info@ourspectrum.com) **Phone:** 226-779-9695

### September Events

**Starting September 1**

**SPECTRUM Saturday Drop-In** 2:00 to 5:00 p.m. Saturdays, **September 1, 8, 15, 22, 29**. Come and hang out with us in a casual, relaxing atmosphere where you can just be yourself in an LGBTQ-friendly setting. We have refreshments.

**Starting September 5**

**SPECTRUM Prime**. 7:00 to 9:00 p.m., first and third Wednesdays of the month – **September 5** and **19** at SPECTRUM. We see things differently as we age. Priorities shift. Social circles change. How can we deal with these

challenges? As maturing members of the LGBTQ community, we gather together to create a welcoming environment where we can reduce isolation and expand our network of friends. Please join us for a casual discussion and social group for maturing adults.

**Starting September 6**

**SPECTRUM Transgender Peer Support Group**. 7:00 to 9:00 p.m. on Thursday **September 6, 20** and Monday **September 10, 24**. A safe and normalizing environment for anyone identifying in the trans/gender variant umbrella at SPECTRUM.

### Starting September 7

**day5games.** 7:00 to 11:00 p.m. **September 7, 14, 21, 28** at SPECTRUM. Join us as we gather at our space to play board and card games, assemble jigsaw puzzles and fiddle with constructions in an informal atmosphere.

### September 11

**OK2BME Youth Group Queer Sex Ed** Ages 15 to 18. At KW Counselling, 480 Charles Street East, Kitchener from 6:00 p.m. to 7:30 p.m. For more information: <https://ok2bme.ca/event/youth-group-queer-sex-ed-age-15-18/>

### Starting September 12

**Queerly Christian** 7:30 p.m. to 9:00 p.m. at the Erb Street Mennonite Church, 131 Erb Street West, Waterloo **September 12** and **26**. This is a group of people who identify as LGBTQ+ and Christian. Allies are welcome, but please recognize that this is intended as a space for LGBTQ+ Christians to share their lived experience. <https://pastorsinexile.org/2017/03/03/queerly-christian/>

### Aging with Pride Committee Meeting

If you are interested in helping us improve life for older LGBTQ-identified people, please attend this monthly Committee meeting at SPECTRUM 6:30 to 8:30 p.m. <http://ourspectrum.com/projects/aging-with-pride/>

### September 13

**Rainbow Multicultural Connect** 7:00 to 9:00 p.m. at SPECTRUM. A group where people from diverse cultures gather together at SPECTRUM to discuss what it is like to be LGBTQ+ across the world. We meet on the second Thursday of the month.

### September 14

**KW El-Tawhid Circle**, a progressive Muslim social and prayer group which is gender equal and LGBTQ affirmative. Every second Friday afternoon from 2:00 – 4:30 p.m. **September 14** and

**28.** More information: Fran at [franps@golden.net](mailto:franps@golden.net).

### September 16

**SPECTRUM Outing to the Symposium Cafe** from 2:00 to 4:00 p.m. on the third Sunday of the month join us at the Symposium Cafe Restaurant and Lounge, at **a new location**, 668 Erb Street West on the Boardwalk in Waterloo, 519-749-4616. For more information see: <https://www.facebook.com/groups/%20SPECTRUMOutings/>

### September 18

**OK2BME Youth Group Public Education** Public Education: Supporting LGBTQ2+ Families (including Bill 89). At KW Counselling, 480 Charles Street East, Kitchener from 6:00 p.m. to 7:30 p.m. For more information: <https://ok2bme.ca/event/supporting-lgbtq-families-including-bill-89/>

**Waterloo - Wellington - Perth PFLAG, Parents Family and Friends Peer-Support Group** 7:00 to 9:00 p.m. on the third Tuesday of the month. **September 18.** Join us in a warm, welcoming and safe place for all family and friends of people of the LGBTQ community at Pre-School Room, Downtown Community Centre, 35-B Weber Street West, Kitchener. <https://www.facebook.com/PFLAG.WWP>

### September 20

We invite you to the **Seniors' Community Lunch** at Wesley United Cambridge (6 Cambridge Street) on the third Thursday of every month. Cost \$10. Please call 519-621-6060 so we know how many lunches to prepare. Meet and Greet for Rainbow Seniors LBGTQ+(55yrs) in the Chapel, hosted by Rev. Roy Holton and Laura Wilson immediately following the lunch from 1:00 - 2:00 p.m.

### September 20

**Plan B Co-operative KW's monthly drop-in** hours **Thursday, September 20, at 5:00 p.m. to 8:00 p.m.** at Treehaus (79 Joseph St, Kitchener). Third Thursday of each month Plan B holds a drop-in space for LGBTQ+ community members to meet and mingle, learn about our programming and events, and just hang out!

### September 25

**OK2BME Youth Group Rainbow Yoga** At KW Counselling, 480 Charles Street East, Kitchener from 6:00 p.m. to 7:30 p.m. For more information: <https://ok2bme.ca/events/>

**Good Laughs.** 7:00 p.m. until closing, last Tuesday of the month: **September 25.** A safe space for trans people to explore their identity in the community; open to allies as well at Symposium Café, Waterloo (corner of King and Erb) - back room. [goodlaughs81@gmail.com](mailto:goodlaughs81@gmail.com) <https://www.facebook.com/goodlaughs81/?fref=ts>

## SPECTRUM 2018 Annual General Meeting

Tuesday, October 2, 2018 starting at 7:00 p.m. at the Seniors' Day Program Room, Downtown Community Centre, 35B Weber Street West, Kitchener  
Our community faces more challenges than ever before. We are seeing governmental cost-cutting that will reduce assistance to the most vulnerable among us. There has also been an increase in bullying and harassment of minorities. Now that SPECTRUM has been granted charitable status, we are in an excellent position to support our community in these difficult times by expanding our programs and services in areas like youth, housing, organizational training and so on.

### September 26

**SPECTRUM Converse and Connect** Whether you're thinking about coming out, newly out, or out for ages, this group provides an opportunity to talk, share and connect with others in the LGBTQ community aged 19+ in a safe, positive and supportive environment. Beginning **September 26**, this group meets from 7:00 to 9:00 p.m. on the fourth Wednesday of each month in the SPECTRUM Community Space. For details: <http://ourspectrum.com/converse-and-connect/>

### September 27

**Sexual Health Awareness Drop in** 5:30 to 7:00 p.m. on the fourth Thursday of the month. **September 27.** Sponsored by ACKWA at SPECTRUM, 283 Duke Street West, Unit 210.

**SPECTRUM Reading Circle** 7:00 to 8:30 p.m. on the fourth Thursday of the month. **September 27.** In our Reading Circle we read short stories and articles aloud on the spot; no prior reading is required. Then we reflect on what we have read. Join us for this exploration of LGBTQ literature and what it means to us personally at SPECTRUM.