



Rainbow Community Calendar

The **Rainbow Community Calendar (RCC)** is a monthly publication serving the LGBTQ community of Waterloo Region. It is named in tribute to the **Pink Triangle Community Calendar** created in 1989 by community activist Lisa Simkins. The **RCC** is issued by the **Rainbow Community Calendar Collective**, an action group of **SPECTRUM-Waterloo Region's Rainbow Community Space**. Print copies are available at **SPECTRUM**, **ACCKWA**, libraries, community centres, government and social services agencies in Waterloo Region.

Online at: <http://ourspectrum.com/rainbow-community-calendar/>

Weekly email of upcoming LGBTQ+ events, join the Rainbow e-mail list: <https://da.gd/rnbw>

Please e-mail calendar editor Lyn McGinnis with corrections or new information by the 20th of each month to: lynmc@rogers.com please put **RAINBOW CALENDAR in the subject line.**

SPECTRUM's Resource Centre and Drop-in Space is in Unit 210 at 283 Duke Street West, Kitchener, N2H 3X7 (corner of Duke Street West and Breithaupt). Park on Breithaupt Street side of the building, near the loading dock. Go in the Duke Street entrance, up the stairs, through the door, down the hallway to Unit 210.

Website: <http://ourspectrum.com/> (with hours of opening and much more)

Facebook: <https://www.facebook.com/SpectrumCommunitySpace/>

Twitter: [@our_SPECTRUM](https://twitter.com/our_SPECTRUM) **E-mail:** info@ourspectrum.com **Phone:** 226-779-9695

September Events

Starting September 1

SPECTRUM Saturday Drop-In 2:00 to 5:00 p.m. Saturdays, **September 1, 8, 15, 22, 29**. Come and hang out with us in a casual, relaxing atmosphere where you can just be yourself in an LGBTQ-friendly setting. We have refreshments.

Starting September 5

SPECTRUM Prime. 7:00 to 9:00 p.m., first and third Wednesdays of the month – **September 5** and **19** at **SPECTRUM**. We see things differently as we age. Priorities shift. Social circles change. How can we deal with these

challenges? As maturing members of the LGBTQ community, we gather together to create a welcoming environment where we can reduce isolation and expand our network of friends. Please join us for a casual discussion and social group for maturing adults.

Starting September 6

SPECTRUM Transgender Peer Support Group. 7:00 to 9:00 p.m. on Thursday **September 6, 20** and Monday **September 10, 24**. A safe and normalizing environment for anyone identifying in the trans/gender variant umbrella at **SPECTRUM**.

Starting September 7

day5games. 7:00 to 11:00 p.m. **September 7, 14, 21, 28** at **SPECTRUM**. Join us as we gather at our space to play board and card games, assemble jigsaw puzzles and fiddle with constructions in an informal atmosphere.

September 11

OK2BME Youth Group Queer Sex Ed Ages 15 to 18. At KW Counselling, 480 Charles Street East, Kitchener from 6:00 p.m. to 7:30 p.m. For more information: <https://ok2bme.ca/event/youth-group-queer-sex-ed-age-15-18/>

Starting September 12

Queerly Christian 7:30 p.m. to 9:00 p.m. at the Erb Street Mennonite Church, 131 Erb Street West, Waterloo **September 12** and **26**. This is a group of people who identify as LGBTQ+ and Christian. Allies are welcome, but please recognize that this is intended as a space for LGBTQ+ Christians to share their lived experience. <https://pastorsinexile.org/2017/03/03/queerly-christian/>

Aging with Pride Committee Meeting

If you are interested in helping us improve life for older LGBTQ-identified people, please attend this monthly Committee meeting at **SPECTRUM** 6:30 to 8:30 p.m. <http://ourspectrum.com/projects/aging-with-pride/>

September 13

Rainbow Multicultural Connect 7:00 to 9:00 p.m. at **SPECTRUM**. A group where people from diverse cultures gather together at **SPECTRUM** to discuss what it is like to be LGBTQ+ across the world. We meet on the second Thursday of the month.

September 14

KW El-Tawhid Circle, a progressive Muslim social and prayer group which is gender equal and LGBTQ affirmative. Every second Friday afternoon from 2:00 – 4:30 p.m. **September 14** and

28. More information: Fran at franps@golden.net.

September 16

SPECTRUM Outing to the Symposium Cafe from 2:00 to 4:00 p.m. on the third Sunday of the month join us at the Symposium Cafe Restaurant and Lounge, at **a new location**, 668 Erb Street West on the Boardwalk in Waterloo, 519-749-4616. For more information see: <https://www.facebook.com/groups/%20SPECTRUMOutings/>

September 18

OK2BME Youth Group Public Education Public Education: Supporting LGBTQ+ Families (including Bill 89). At KW Counselling, 480 Charles Street East, Kitchener from 6:00 p.m. to 7:30 p.m. For more information: <https://ok2bme.ca/event/supporting-lgbtq-families-including-bill-89/>

Waterloo - Wellington - Perth PFLAG, Parents Family and Friends Peer-Support Group

7:00 to 9:00 p.m. on the third Tuesday of the month. **September 18**. Join us in a warm, welcoming and safe place for all family and friends of people of the LGBTQ community at Pre-School Room, Downtown Community Centre, 35-B Weber Street West, Kitchener. <https://www.facebook.com/PFLAG.WWP>

September 20

We invite you to the **Seniors' Community Lunch** at Wesley United Cambridge (6 Cambridge Street) on the third Thursday of every month. Cost \$10. Please call 519-621-6060 so we know how many lunches to prepare. Meet and Greet for Rainbow Seniors LGBTQ+(55yrs) in the Chapel, hosted by Rev. Roy Holton and Laura Wilson immediately following the lunch from 1:00 - 2:00 p.m.

September 20

Plan B Co-operative KW's monthly drop-in hours **Thursday, September 20, at 5:00 p.m. to 8:00 p.m.** at Treehaus (79 Joseph St, Kitchener). Third Thursday of each month Plan B holds a drop-in space for LGBTQ+ community members to meet and mingle, learn about our programming and events, and just hang out!

September 25

OK2BME Youth Group Rainbow Yoga At KW Counselling, 480 Charles Street East, Kitchener from 6:00 p.m. to 7:30 p.m. For more information: <https://ok2bme.ca/events/>

Good Laughs. 7:00 p.m. until closing, last Tuesday of the month: **September 25.** A safe space for trans people to explore their identity in the community; open to allies as well at Symposium Café, Waterloo (corner of King and Erb) - back room. goodlaughs81@gmail.com <https://www.facebook.com/goodlaughs81/?fref=ts>

September 26

SPECTRUM Converse and Connect Whether you're thinking about coming out, newly out, or out for ages, this group provides an opportunity to talk, share and connect with others in the LGBTQ community aged 19+ in a safe, positive and supportive environment. Beginning **September 26**, this group meets from 7:00 to 9:00 p.m. on the fourth Wednesday of each month in the SPECTRUM Community Space. For details: <http://ourspectrum.com/converse-and-connect/>

September 27

Sexual Health Awareness Drop in 5:30 to 7:00 p.m. on the fourth Thursday of the month. **September 27.** Sponsored by ACCKWA at SPECTRUM, 283 Duke Street West, Unit 210.

SPECTRUM Reading Circle 7:00 to 8:30 p.m. on the fourth Thursday of the month. **September 27.** In our Reading Circle we read short stories and articles aloud on the spot; no prior reading is required. Then we reflect on what we have read. Join us for this exploration of LGBTQ literature and what it means to us personally at SPECTRUM.

SPECTRUM 2018 Annual General Meeting

Tuesday, October 2, 2018 starting at 7:00 p.m. at the Seniors' Day Program Room, Downtown Community Centre, 35B Weber Street West, Kitchener
Our community faces more challenges than ever before. We are seeing governmental cost-cutting that will reduce assistance to the most vulnerable among us. There has also been an increase in bullying and harassment of minorities. Now that SPECTRUM has been granted charitable status, we are in an excellent position to support our community in these difficult times by expanding our programs and services in areas like youth, housing, organizational training and so on.

In order to do this, SPECTRUM needs additional passionate, committed volunteers to make new initiatives happen. SPECTRUM also needs more Board members with vision and experience to guide our work. Finally, we appreciate financial contributions, for which we are now able to issue income-tax receipts. Please show that you value SPECTRUM'S work by joining us at our Annual General Meeting to hear more about our work, give us your suggestions and vote on our Board of Directors. We need to support one another now more than ever!
More Information at <http://ourspectrum.com/agm2018/>

A PROUD SUPPORTER OF OUR COMMUNITY



PAUL D. CURZON **BROKER SINCE 1985**
Curzon Realty Group



Direct/Text: 519-572-5300
Office 519-579-4110
paul@extremehomes.ca

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