

A PROUD SUPPORTER OF OUR COMMUNITY



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SINCE 1985

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Rainbow Community Calendar

The **Rainbow Community Calendar (RCC)** is a monthly publication serving the LGBTQ community of Waterloo Region. It is named in tribute to the **Pink Triangle Community Calendar** created in 1989 by community activist Lisa Simkins. The **RCC** is issued by the **Rainbow Community Calendar Collective**, an action group of **SPECTRUM-Waterloo Region's Rainbow Community Space**. Print copies are available at SPECTRUM, ACCKWA, libraries, community centres, government and social services agencies in Waterloo Region.

Online at: <http://ourspectrum.com/rainbow-community-calendar/>

Please e-mail calendar editor Lyn McGinnis with corrections or new information by the 20th of each month to: lynmc@rogers.com please put **RAINBOW CALENDAR in the subject line.**

SPECTRUM's **Resource Centre and Drop-in Space** is in Unit 210 at 283 Duke Street West, Kitchener, N2H 3X7 (corner of Duke Street West and Breithaupt). Park on Breithaupt Street side of the building, near the loading dock. Go in the Duke Street entrance, up the stairs, through the door, down the hallway to Unit 210.

Website: <http://ourspectrum.com/> **NEW!** (with hours of opening and much more)

Facebook: <https://www.facebook.com/SpectrumCommunitySpace/>

Twitter: @our_SPECTRUM **E-mail:** info@ourspectrum.com **Phone:** 226-779-9695

May Events

Starting May 1

Queercraft - a Queer Crafting Group. 6:00 to 8:00 p.m., Tuesdays: **May 1, 8, 15, 22, 29.** Bring your portable craft to SPECTRUM!

Starting May 2

SPECTRUM Prime. 7:00 to 9:00 p.m., first and third Wednesdays of the month - **May 2** and **16** at SPECTRUM. We see things differently as we age. Priorities shift. Social circles change. How can we deal with these challenges? As maturing members of the

LGBTQ community, we gather together to create a welcoming environment where we can reduce isolation and expand our network of friends. Please join us for a casual discussion and social group for maturing adults.

Starting May 3

SPECTRUM Transgender Peer Support Group. 7:00 to 9:00 p.m. on the first and third Thursday of the month. **May 3** and **17.** And on the second and fourth Monday of each month, **May 14** and **28.** A safe and normalizing environment for anyone identifying in the trans/gender variant umbrella at SPECTRUM.

Starting May 4

day5games. 7:00 to 11:00 p.m. **May 4, 11, 18, 25** at SPECTRUM. Join us as we gather at our space to play board and card games, assemble jigsaw puzzles and fiddle with constructions in an informal atmosphere.

Starting May 5

SPECTRUM Saturday Drop-In 2:00 to 5:00 p.m. Saturdays, **May 5, 12, 19, 26.** Come and hang out with us in a casual, relaxing atmosphere where you can just be yourself in an LGBTQ-friendly setting. We have refreshments.

May 5

A Grand Night for Singing! At Harcourt Memorial United Church in Guelph starting at 7:30 p.m. Travel through time as we share music inspired by William Shakespeare, Star Wars, Manhattan Transfer, Pentatonix, and more! Tickets Adult \$15 in Advance (\$20 at the Door), Senior \$15, Student \$10, Child \$5 Tickets available online at :<https://www.eventbrite.com/e/rainbow-chrous-presents-a-grand-night-for-singing-tickets-43211102571>

May 7 and 21

tri-Pride Community Association Board meeting If you are interested in helping plan for the 2018 tri-Pride celebrations, please attend this meeting at 7:00 p.m. at SPECTRUM. <http://tri-pride.ca/>

May 8

OK2BME Youth Group At KW Counseling, 480 Charles Street East, Kitchener from 6:00 p.m. to 7:30 p.m. As part of Children's Mental Health Week, youth from The New Mentality group will come to share about youth mental health and share insights from their personal stories. This week's group is for ages 12-14. It is FREE and you can drop in without registration.

May 9

Aging with Pride Committee Meeting If you are interested in helping us improve life for older LGBTQ-identified

people, please attend this monthly Committee meeting at SPECTRUM 6:30 to 8:30 p.m. <http://ourspectrum.com/projects/aging-with-pride/>

May 9 and 23

Queerly Christian 7:30 p.m. to 9:00 p.m. at the Erb Street Mennonite Church, 131 Erb Street West, Waterloo. This is a group of people who identify as LGBTQ+ and Christian. We will gather for conversation and reflection on our experiences around how these different aspects of our identity intersect. Allies are welcome, but please recognize that this is intended as a space for LGBTQ+ Christians to share their lived experience. <https://pastorsinexile.org/2017/03/03/queerly-christian/>

May 10

Rainbow Multicultural Connect 7:00 to 9:00 p.m. at SPECTRUM. A group where people from diverse cultures gather together at SPECTRUM to discuss what it is like to be LGBTQ+ across the world. We meet on the second Thursday of the month.

Queer Resistance Doc Cinema Politica screens films around different themes every season. For the spring, we chose the theme of queer resistance on May 10 we will show the documentary-musical 'My Prairie Home,' at the KPL starting at 7:00 p.m. For more information: <https://www.facebook.com/events/949827238529014/>

May 11 and 25

KW El-Tawhid Circle, a progressive Muslim social and prayer group which is gender equal and LGBTQ affirmative. Every second Friday afternoon from 2:00 – 4:30 p.m. **May 11 and 25.** More information: Fran at franps@golden.net.

May 13

Trans Fams Event. 4:00 p.m., **May 13.** Are you interested in meeting other families with Trans and Gender Independent Kids? Want to join our family and others for some fun activities? Contact Holly for more info at: hb-mathers@gmail.com

May 14 and 28

Rainbow bereavement support group Monday, May 14 and 28 1:30-3:30 PM. All LGBTQ caregivers, spouses, friends suffering loss. 298 Lawrence Ave. Kitchener. Call 519-743-4114 ext. 117. barb@hospicewaterloo.ca

May 15

Waterloo - Wellington - Perth PFLAG, Parents Family and Friends Peer-Support Group 7:00 to 9:00 p.m. on the third Tuesday of the month. **May 15.** Join us in a warm, welcoming and safe place for all family and friends of people of the LGBTQ community at Pre-School Room, Downtown Community Centre, 35-B Weber Street West, Kitchener. <https://www.facebook.com/PFLAG.WWP>

May 17

We invite you to the **Seniors' Community Lunch** at Wesley United Cambridge (6 Cambridge Street) on the third Thursday of every month. Cost \$10. Please call 519-621-6060 so we know how many lunches to prepare. Meet and Greet for Rainbow Seniors LB-GTQ+(55yrs) in the Chapel, hosted by Rev. Roy Holton and Laura Wilson immediately following the lunch from 1:00 - 2:00 p.m.

Plan B Co-operative KW's monthly drop-in hours **Thursday, May 17, at 5:00 p.m. to 8:00 p.m.** at Treehaus (79 Joseph St, Kitchener). Third Thursday of each month Plan B holds a drop-in space for LGBTQ+ community members to meet and mingle, learn about our programming and events, and just hang out!

May 20

SPECTRUM Outing to the Symposium Cafe from 2:00 to 4:00 p.m. on the third Sunday of the month join us at the Symposium Cafe Restaurant and Lounge, 4 King Street North, Waterloo. For more information see: <https://www.facebook.com/groups/SPECTRUMOutings/>

May 22

OK2BME Youth Group: LGBTQ+ Films and Discussion Night (ages 12-14) At KW Counselling, 480 Charles Street East, Kitchener from 6:00 p.m. to 7:30 p.m. This week's group is for ages 12-14. It is

FREE and you can drop in without registration.

May 23

SPECTRUM Coming Out Support Group. Topic: 'LGBTQ Community - where do I fit in?' A group for people aged 19+ to discuss coming out. The first half of each meeting will focus on the advertised topic; the last half will be an open discussion. We meet on the fourth Wednesdays of the month: <http://ourspectrum.com/coming-out-group/>

May 24

Sexual Health Awareness Drop in 5:30 to 7:00 p.m. on the fourth Thursday of the month. **May 24.** Sponsored by ACKWA at SPECTRUM, 283 Duke Street West, Unit 210.

SPECTRUM Reading Circle 7:00 to 8:30 p.m. on the fourth Thursday of the month, we read short stories and articles, and then reflect on what they mean to us personally. Join us for this exploration of LGBTQ literature at SPECTRUM.

May 26

Mega Pride Dance Party DJ Dallas and Sarah Smith host the Mega Pride Dance Party at the Icon Star Bar in Hespeler. More information: <https://www.facebook.com/events/196576794408506/>

May 28

LGBTQ+ In Tech. 6:30 - 9:00pm at the Smile.io office. This event is wheelchair accessible and has gender neutral washrooms. Please come in the front door and take the elevator to the second floor. gord@makingspace.tech

May 29

Good Laughs. 7:00 p.m. until closing, last Tuesday of the month: **May 29.** A safe space for trans people to explore their identity in the community; open to allies as well at Symposium Café, Waterloo (corner of King and Erb) - back room. goodlaughs81@gmail.com <https://www.facebook.com/goodlaughs81/?fref=ts>

Saturday, June 2- Outdoor Pride Music Festival Sunday, June 3- tri-Pride Picnic
<http://tri-pride.ca/>