

A PROUD SUPPORTER OF OUR COMMUNITY



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SINCE 1985

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Rainbow Community Calendar

The **Rainbow Community Calendar (RCC)** is a monthly publication serving the LGBTQ community of Waterloo Region. It is named in tribute to the **Pink Triangle Community Calendar** created in 1989 by community activist Lisa Simkins. The **RCC** is issued by the **Rainbow Community Calendar Collective**, an action group of **SPECTRUM-Waterloo Region's Rainbow Community Space**. Print copies are available at SPECTRUM, ACCKWA, libraries, community centres, government and social services agencies in Waterloo Region.

Online at: <http://ourspectrum.com/rainbow-community-calendar/>

Please e-mail calendar editor Lyn McGinnis with corrections or new information by the 20th of each month to: lynmc@rogers.com please put **RAINBOW CALENDAR in the subject line.**

SPECTRUM's **Resource Centre and Drop-in Space** is in Unit 210 at 283 Duke Street West, Kitchener, N2H 3X7 (corner of Duke Street West and Breithaupt). Park on Breithaupt Street side of the building, near the loading dock. Go in the Duke Street entrance, up the stairs, through the door, down the hallway to Unit 210.

Website: <http://ourspectrum.com/> **NEW!** (with hours of opening and much more)

Facebook: <https://www.facebook.com/SpectrumCommunitySpace/>

Twitter: [@our_SPECTRUM](https://twitter.com/our_SPECTRUM) **E-mail:** info@ourspectrum.com **Phone:** 226-779-9695

April Events

April 2 and 16

tri-Pride Community Association Board meeting If you are interested in helping plan for the 2018 tri-Pride celebrations, please attend this meeting at 7:00 p.m. at SPECTRUM. <http://tri-pride.ca/>

April 3

Queercraft - a Queer Crafting Group. 6:00 to 8:00 p.m., Tuesdays: **April 3, 10, 17, 24.** Bring your portable craft to SPECTRUM!

Starting April 4

SPECTRUM Prime. 7:00 to 9:00 p.m., first and third Wednesdays of the month - **April 4** and **18** at SPECTRUM. We see things differently as we age. Priorities shift. Social circles change. How can we deal with these challenges? As maturing members of the LGBTQ community, we gather together to create a welcoming environment where we can reduce isolation and expand our network of friends. Please join us for a casual discussion and social group for maturing adults.

Starting April 5

SPECTRUM Transgender Peer Support Group. 7:00 to 9:00 p.m. on the first and third Thursday of the month. **April 5 and 19.** And on the second and fourth Monday of each month, **April 9 and 23.** A safe and normalizing environment for anyone identifying in the trans/gender variant umbrella at SPECTRUM.

Starting April 6

day5games. 7:00 to 11:00 p.m. **April 6, 13, 20, 27** at SPECTRUM. Join us as we gather at our space to play board and card games, assemble jigsaw puzzles and fiddle with constructions in an informal atmosphere.

Starting April 7

SPECTRUM Saturday Drop-In 2:00 to 5:00 p.m. Saturdays, **April 7, 14, 21, 28.** Come and hang out with us in a casual, relaxing atmosphere where you can just be yourself in an LGBTQ-friendly setting. We have refreshments.

Starting April 9

Rainbow bereavement support group Monday, April 9 and 23 1:30-3:30 PM. All LGBTQ caregivers, spouses, friends suffering loss. 298 Lawrence Ave. Kitchener. Call 519-743-4114 ext. 117. barb@hospicewaterloo.ca

April 10

OK2BME Youth Group: Slam Poetry We will hear from a local Queer artist about writing and performing slam poetry. Youth will have a chance to ask questions and learn more about slam! This week's group is for ages 12-14. It is FREE but youth must register to attend. [Click here](#) to register. If you do not feel comfortable registering online you can e-mail us at OK2BME@kwcounselling.com or call Mandi Cowan at 519.884.0000 x280

April 11

Aging with Pride Committee Meeting If you are interested in helping us improve life for older LGBTQ-identified people, please attend this monthly Committee meeting at SPECTRUM 6:30 to 8:30 p.m. <http://ourspectrum.com/projects/aging-with-pride/>

April 11 and 25

Queerly Christian 7:30 p.m. to 9:00 p.m. at the Erb Street Mennonite Church, 131 Erb Street West, Waterloo. This is a monthly group of people who identify as LGBTQ+ and Christian. We will gather for conversation and reflection on our experiences around how these different aspects of our identity intersect. Allies are welcome, but please recognize that this is intended as a space for LGBTQ+ Christians to share their lived experience. <https://pastorsinexile.org/2017/03/03/queerly-christian/>

April 12

Rainbow Multicultural Connect 7:00 to 9:00 p.m. at SPECTRUM. A group where people from diverse cultures gather together at SPECTRUM to discuss what it is like to be LGBTQ+ across the world. We meet on the second Thursday of the month.

April 13

La Cage IX ~ The Glamorous Life The Imperial Court of the Waterfall Empire partners up with tri Pride to put the 'FUN' in fundraising. Cocktails at 6:00 p.m., Show 7:00 p.m. Tickets \$20.00 Available through e-transfer waterfallempire@gmail.com, contacting a tri-Pride board member or Miss Drew. <https://www.facebook.com/events/145991012783154/>

April 13 and 27

KW El-Tawhid Circle, a progressive Muslim social and prayer group which is gender equal and LGBTQ affirmative. Every second Friday afternoon from 2:00 - 4:30 p.m. **April 13 and 27.** More information: Fran at franps@golden.net.

April 15

SPECTRUM Outing to the Symposium Cafe SPECTRUM has established a set of monthly Outings on the third Sunday afternoon from 2:00 to 4:00 p.m. to the Symposium Cafe Restaurant and Lounge, 4 King Street North, Waterloo. For more information see: <https://www.facebook.com/groups/SPECTRUMOutings/>

April 15

Trans Fams Event. 4:00 p.m., **April 15.** Are you interested in meeting other families with Trans and Gender Independent Kids? Want to join our family and others for some fun activities? Contact Holly for more info at: hb-mathers@gmail.com

April 17

Waterloo - Wellington - Perth PFLAG, Parents Family and Friends Peer-Support Group 7:00 to 9:00 p.m. on the third Tuesday of the month. **April 17.** Are you having difficulty coming to terms with the sexuality, gender identity or gender expression of someone close to you? Join us in a warm, welcoming and safe place for all family and friends of people of the LGBTQ community at Pre-School Room, Downtown Community Centre, 35-B Weber Street West, Kitchener. <https://www.facebook.com/PFLAG.WWP>

April 19

We invite you to the **Seniors' Community Lunch** at Wesley United Cambridge (6 Cambridge Street) on the third Thursday of every month. Cost \$10. Please call the church office 519-621-6060 so we have an idea of how many lunches to prepare. Meet and Greet for Rainbow Seniors LBGTQ+(55yrs) in the Chapel, hosted by Rev. Roy Holton and Laura Wilson immediately following the lunch from 1:00 - 2:00 p.m.

Plan B Co-operative KW's monthly drop-in hours Thursday, April 19, at 5:00 p.m. to 8:00 p.m. at Treehaus (79 Joseph St, Kitchener). Third Thursday of each month Plan B holds a drop-in space for LGBTQ+ community members to meet and mingle, learn about our programming and events, and just hang out!

April 24

OK2BME Youth Group: Stand up Comedy 6:00 to 7:30 p.m. Join us to hear some jokes and share a few laughs! A local Queer artist will come to share about writing and performing stand-up comedy. This week's group is for ages 12-14. It

is FREE but youth must register to attend. [Click here](#) to register. If you do not feel comfortable registering online you can e-mail us at OK2BME@kwcounselling.com or call Mandi Cowan at 519.884.0000 x280.

Good Laughs. 7:00 p.m. until closing, last Tuesday of the month: **April 24.** A safe space for trans people to explore their identity in the community; open to allies as well at Symposium Café, Waterloo (corner of King and Erb) - back room. goodlaughs81@gmail.com <https://www.facebook.com/goodlaughs81/?fref=ts>

April 25

SPECTRUM Coming Out Support Group. Topic: 'Coming Out to Others.' A group for people aged 19+ to discuss coming out. The first half of each meeting will focus on the advertised topic; the last half will be an open discussion. We meet on the fourth Wednesdays of the month. If there is enough demand, we will see if we can add a second meeting each month: <http://ourspectrum.com/coming-out-group/>

April 26

Sexual Health Awareness Drop in 5:30 to 7:00 p.m. on the fourth Thursday of the month. **April 26.** Sponsored by ACKWA at SPECTRUM, 283 Duke Street West, Unit 210.

SPECTRUM Reading Circle 7:00 to 8:30 p.m. on the fourth Thursday of the month. **April 26.** In our Reading Circle we read short stories and articles aloud on the spot; no prior reading is required. Then we reflect on what we have read. Join us for this exploration of LGBTQ literature and what it means to us personally at SPECTRUM.

April 30

LGBTQ+ In Tech. 6:30 - 9:00pm at the Smile.io office. This event is wheelchair accessible and has gender neutral washrooms. Please come in the front door and take the elevator to the second floor. gord@makingspace.tech Admission requires RSVP as tickets will be checked at the door.