



## Rainbow Community Calendar

The **Rainbow Community Calendar (RCC)** is a monthly publication serving the LGBTQ community of Waterloo Region. It is named in tribute to the **Pink Triangle Community Calendar** created in 1989 by community activist Lisa Simkins. The **RCC** is issued by the **Rainbow Community Calendar Collective**, an action group of **SPECTRUM-Waterloo Region's Rainbow Community Space**. Print copies are available at SPECTRUM, ACKWA, libraries, community centres, government and social services agencies in Waterloo Region.

Online at: <http://ourspectrum.com/rainbow-community-calendar/>

**Please e-mail calendar editor Lyn McGinnis with corrections or new information by the 20th of each month to: [lynmc@rogers.com](mailto:lynmc@rogers.com) please put **RAINBOW CALENDAR** in the subject line.**

SPECTRUM's **Resource Centre and Drop-in Space** is in Unit 210 at 283 Duke Street West, Kitchener, N2H 3X7 (corner of Duke Street West and Breithaupt). Park on Breithaupt Street side of the building, near the loading dock. Go in the Duke Street entrance, up the stairs, through the door, down the hallway to Unit 210.

**Website:** <http://ourspectrum.com/> **NEW!** (with hours of opening and much more)

**Facebook:** <https://www.facebook.com/SpectrumCommunitySpace/>

**Twitter:** [@our\\_SPECTRUM](https://twitter.com/our_SPECTRUM) **E-mail:** [info@ourspectrum.com](mailto:info@ourspectrum.com) **Phone:** 226-779-9695

### March Events

#### Starting March 1

**SPECTRUM Transgender Peer Support Group.** 7:00 to 9:00 p.m. on the first and third Thursday of the month, **March 1** and **15**. And on the second and fourth Monday of each month, **March 12** and **26**. A safe and normalizing environment for anyone identifying in the trans/gender variant umbrella at SPECTRUM.

#### March 2

**KW El-Tawhid Circle**, a progressive Muslim social and prayer group which is gender equal and LGBTQ affirma-

tive. Every second Friday afternoon from 2:00 – 4:30 p.m. **March 2, 16** and **30**. More information: Fran at [franps@golden.net](mailto:franps@golden.net).

**day5games.** 7:00 to 11:00 p.m. **March 2, 9, 16, 23, 30** at SPECTRUM. Join us as we gather at our space to play board and card games, assemble jigsaw puzzles and fiddle with constructions in an informal atmosphere.

#### Starting March 3

**SPECTRUM Saturday Drop-In** 2:00 to 5:00 p.m. Saturdays, **March 3, 10, 17, 24, 31**. Come and hang out with

us in a casual, relaxing atmosphere where you can just be yourself in an LGBTQ-friendly setting. We have refreshments. Everyone is welcome!

#### March 4

**Cambridge/KW LGBTQ-Poly-NonMon Social Club Bowling** Meet other local poly peeps at iBowl Cambridge for two games of five-pin bowling until 4:00 p.m. \$15/person. We provide an opportunity to make new friends and create the support systems we all need.

**Website:** <https://www.meetup.com/Cambridge-KW-LGBTQ-Social-Club/>

#### March 5 and 19

**tri-Pride Community Association Board meeting** If you are interested in helping plan for the 2018 tri-Pride celebrations, please attend this meeting at 7:00 p.m. at SPECTRUM. <http://tri-pride.ca/>

#### Starting March 6

**Queercraft – a Queer Crafting Group.** 6:00 to 8:00 p.m., Tuesdays: **March 6, 13, 20, 27**. Bring your portable craft to SPECTRUM!

#### Starting March 7

**SPECTRUM Prime.** 7-9 PM, first and third Wednesdays of the month – **March 7** and **21** at SPECTRUM. We see things differently as we age. Priorities shift. Social circles change. How can we deal with these challenges? As maturing members of the LGBTQ community, we gather together to create a welcoming environment where we can reduce isolation and expand our network of friends. Please join us for a casual discussion and social group for maturing adults.

#### March 8

**Rainbow Multicultural Connect** 7:00 to 9:00 p.m. at SPECTRUM. A group where people from diverse cultures gather together at SPECTRUM to discuss what it is like to be LGBTQ+ across the world. We meet on the second Thursday of the month.

#### March 10

**A 1970s Bridgeport Dance** Join Aging with Pride and revisit the famous LGBTQ+ dances in 1970s Bridgeport. Bridgeport Community Centre, 20 Tyson Drive, Kitchener from 4:00 to 10:00 p.m. Meet new friends! Learn about our history! Dance to classic music with DJ m'damn d (resident DJ and co-organizer of @Fierce). Sandwiches and refreshments served. Cash bar. Great door prizes too! Co-sponsored by City of Kitchener and Tri-Pride. \$3.00 or pay what you can. <https://www.facebook.com/events/1987720748110020/>

#### March 12

**Rainbow bereavement support group Monday, March 12** 1:30-3:30 PM. All LGBTQ caregivers, spouses, friends suffering loss. 298 Lawrence Ave. Kitchener. Call 519-743-4114 ext. 117. [barb@hospicewaterloo.ca](mailto:barb@hospicewaterloo.ca)

#### March 13

**OK2BME Youth Group: Consent 101** Staff from the Sexual Assault Support Centre Male Allies program are coming to chat about consent, boundaries and healthy relationships. This week's group is for ages 15-18. It is FREE but youth must register to attend. Click [here](#) to register. If you do not feel comfortable registering online you can e-mail us at [OK2BME@kwcounselling.com](mailto:OK2BME@kwcounselling.com) or call Mandi Cowan at 519.884.0000 x280.

#### Starting March 14

**Aging with Pride Committee Meeting** If you are interested in helping us improve life for older LGBTQ-identified people, please attend this monthly Committee meeting at SPECTRUM 6:30 to 8:30 p.m. <http://ourspectrum.com/projects/aging-with-pride/>

#### March 15

We invite you to the **Seniors' Community Lunch** at Wesley United Cambridge (6 Cambridge Street) on the third Thursday of every month. Cost \$10. Please call the church office 519-621-6060 so we have an idea of how many lunches to prepare. Meet and Greet for Rainbow Seniors LB-

GTQ+(55yrs) in the Chapel, hosted by Rev. Roy Holton and Laura Wilson immediately following the lunch from 1:00 - 2:00 p.m.

**Plan B Co-operative KW's monthly drop-in** hours **Thursday, March 15, at 5:00 p.m. to 8:00 p.m.** at Treehaus (79 Joseph St, Kitchener). Third Thursday of each month Plan B holds a drop-in space for LGBTQ+ community members to meet and mingle, learn about our programming and events, and just hang out!

**March 18**

**Trans Fams Event.** 4:00 p.m., **March 18.** Are you interested in meeting other families with Trans and Gender Independent Kids? Want to join our family and others for some fun activities? Contact Holly for more info at: [hbmathers@gmail.com](mailto:hbmathers@gmail.com)

**SPECTRUM Outing to the Symposium Cafe** SPECTRUM has established a set of monthly Outings on the third Sunday afternoon from 2:00 to 4:00 p.m. to the Symposium Cafe Restaurant and Lounge, 4 King Street North, Waterloo. For more information see: <https://www.facebook.com/groups/SPECTRUMOutings/>

**March 20**

**Waterloo - Wellington - Perth PFLAG, Parents Family and Friends Peer-Support Group** 7:00 to 9:00 p.m. on the third Tuesday of the month. **February 20.** Are you having difficulty coming to terms with the sexuality, gender identity or gender expression of someone close to you? Join us in a warm, welcoming and safe place for all family and friends of people of the LGBTQ community at Pre-School Room, Downtown Community Centre, 35-B Weber Street West, Kitchener. <https://www.facebook.com/PFLAG.WWP>

**March 21**

**Queerly Christian** 7:30 p.m. to 9:00 p.m. at the Erb Street Mennonite Church, 131 Erb Street West, Waterloo. This is a monthly group of people who identify as LGBTQ+ and Christian. We will gather for conversation and reflection on our experiences around how these different aspects of our identity intersect. Allies are welcome, but please recognize that this

is intended as a space for LGBTQ+ Christians to share their lived experience. <https://pastorsinexile.org/2017/03/03/queerly-christian/>

**March 22**

**Sexual Health Awareness Drop in** 5:30 to 7:00 p.m. on the fourth Thursday of the month. **March 22.** Sponsored by ACCKWA at SPECTRUM, 283 Duke Street West, Unit 210.

**SPECTRUM Reading Circle** 7:00 to 8:30 p.m. on the fourth Thursday of the month. **March 22.** In our Reading Circle we read short stories and articles aloud on the spot; no prior reading is required. Then we reflect on what we have read. Join us for this exploration of LGBTQ literature and what it means to us personally at SPECTRUM.

**March 27**

**Good Laughs.** 7:00 p.m. until closing, last Tuesday of the month: **March 27.** A safe space for trans people to explore their identity in the community; open to allies as well at Symposium Café, Waterloo (corner of King and Erb) - back room. [goodlaughs81@gmail.com](mailto:goodlaughs81@gmail.com) <https://www.facebook.com/goodlaughs81/?fref=ts>

**OK2BME Youth Group: Campfire Stories** 6:00 to 7:30 p.m. Tonight is a potluck: feel free to bring a snack to share. We will sit around the 'campfire' at KW Counselling Services and share stories, play games, and hang out. Tonight's group is an open house for ages 12-18. If you have any questions you can e-mail us at [OK2BME@kwcounselling.com](mailto:OK2BME@kwcounselling.com) or call Mandi Cowan at 519.884.0000 x280.

**March 28**

**SPECTRUM Coming Out Support Group.** Topic: 'Coming Out to Others.' A group for people aged 19+ to discuss coming out. The first half of each meeting will focus on the advertised topic; the last half will be an open discussion. We meet on the fourth Wednesdays of the month. If there is enough demand, we will see if we can add a second meeting each month: <http://ourspectrum.com/coming-out-group/>

# A PROUD SUPPORTER OF OUR COMMUNITY



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