

SPECTRUM

Rainbow Community Calendar

The *Rainbow Community Calendar (RCC)* is a monthly publication serving the LGBTQ community of Waterloo Region. It is named in tribute to the *Pink Triangle Community Calendar* created in 1989 by community activist Lisa Simkins. The *RCC* is issued by the **Rainbow Community Calendar Collective**, an action group of **SPECTRUM—Waterloo Region's Rainbow Community Space**. Print copies are available at **SPECTRUM**, **ACCKWA**, and various bars, clubs, cafes, etc. in Waterloo Region.

Online at <http://ourspectrum.com/Comm/CommunityEvents.html>

Send events to info@ourspectrum.com by the **20th of each month**.

SPECTRUM'S Resource Centre and Drop-In Space is in Unit 210 at 283 Duke St. W., Kitchener, N2H 3X7 (corner of Duke St W and Breithaupt). Park on Breithaupt St side of building, near the loading dock. Go in the Duke St entrance, up the stairs, through the door, down the hallway to Unit 210.

Website: <http://ourspectrum.com/> (includes hours of opening and much more)

Facebook: <http://www.facebook.com/SpectrumCommunitySpace>

Twitter: @spectrumwat Email: info@ourspectrum.com Phone: 226 779-9695

2016 April Events

Coming Out Older Discussion Group. 7-9:00pm. 2nd & 4th Tuesdays of the month: **April 12 & April 26**. @ Pre-School Room, Downtown Community Centre, 35-B Weber St W, Kitchener. Sponsored by **SPECTRUM**.

Friends of Dorothy's Best Charity Bowling Tournament. **April 9**, Saturday. Annual fundraising event of Friends of Dorothy Bowling. Brunswick Frederick Lanes, 385 Frederick Plaza, Kitchener. 12pm registration; bowling 1pm SHARP! 5:30pm Reception/Cocktails, 6:30pm Dinner @ The Firkin at the Tanery, 121 Charles St W, Kitchener.

Friends of Dorothy Bowling League Event. 1:15pm practice; 1:30-4pm bowling, Sundays: **April 3, 10, 17, 24 & May 1, 8, 15 & 22** (last of the season) @ Brunswick Frederick Lanes, 385 Frederick Plaza, Kitchener.

gaymday. 7-11pm, Fridays: **April 1, 8, 15, 22 & 29**. @ **SPECTRUM**. Join us to play board games, and do puzzles.

Good Laughs. 7pm till closing, last Tuesday evening of the month: **April 26**. A safe space for trans people to explore their identity in the community; open to allies as well. @ Symposium Café, Waterloo (corner of King and Erb) —back room. goodlaughs81@gmail.com

Guelph Pride 2016. April 22 (Friday) - May 8 (Sunday) This year's Guelph Pride celebrations will take place from April 22 to May 8; there will be many events. This is the current schedule, but details are subject to change:

Friday April 22—Pageant

Friday April 29—Teen Bowling

Friday April 29—Pride Pub Crawl

Saturday April 30—Guelph Pride Flag Raising and Community BBQ

Saturday April 30—Cabaret

Sunday May 1—Beach Volleyball

Sunday May 1—Trans and Allies Potluck. Clothing Exchange & Fashion Show

Monday May 2—Gay Sex & PrEP: What does it mean for our community?

Monday May 2—Queer Trivia

Tuesday May 3—Speaking Our Truths Part III

Wednesday May 4—Celebrating Pride in Our Families & Communities

Wednesday May 4—PrideLit - An Evening With Ken Setterington - author of *Branded by the Pink Triangle*

Thursday May 5—Queer Art Show

Thursday May 5—Bedtime Stories

Friday May 6—Pride Teen Dance

Saturday May 7—Kink Adventuring for Queer & Trans Folks (and Their Lovers)

Saturday May 7—Guelph Pride Dance Party

Sunday May 8—Harcourt Affirming Ceremony

Exact details will be found at

<http://www.guelphpride.com/events.html>

Inclusive Faith LGBTQ Potluck. 6:00-8:30pm. **April 16**, (Saturday) Meet at 6pm, eat at 6:30 pm.

Parkminster United Church, 275 Erb St. E., Waterloo. Welcoming LGBTQ folks and allies who attend an inclusive faith group, or are interested in exploring

faith and/or spirituality. Let's meet for social time and networking.

<http://www.facebook.com/events/1655042691435750/>

OK2BME Youth Group. 6-7:30pm. Alternate Tuesdays—**April 12** (Discussion Night), **April 26**. More information: <http://ok2bme.ca/>

ORG—SPECTRUM'S Outdoor Recreation Group. Sundays. Events alternate between Lite and Regular:

April 3—'Lite' 2-4 PM. Devil's Creek, Galt, Cambridge. Meet at Monigram Coffee, 16 Ainslie St S., Cambridge.

April 10—'Regular' 1-5 PM. Activa, Kitchener. Meet at Activa Sports Complex between Homer Watson Blvd. & Lennox Lewis Way, Kitchener.

April 17—'Lite', 2-4 PM. Laurelwood, Kitchener. Meet at the Stork Y / Harper Library, Laurelwood & Bearinger, Waterloo.

April 24—'Regular', 1-5 PM. Stanley Park to Chicopee, Kitchener. Meet at the Stanley Park Community Centre, Franklin at Ottawa, Kitchener. Bonnie hosts. <http://www.facebook.com/groups/ORG.WR/>

Plan B Drop-in Hours at SPECTRUM 7-9pm, 2nd & 4th Mondays: **April 11 & April 25**. 283 Duke St W, Kitchener, Unit 210. Plan B invites members of our communities to learn more about our vision, ideas and goals.

Queercraft—a Queer Crafting Group. 6-8pm, Tuesdays: **April 5, April 12, April 19 & April 26**. @ **SPECTRUM**.

Rainbow Connections—Cambridge meetings. 1:30-3pm, Thursdays: **April 7, April 14, April 21, & April 28**. LGBTQ & Mental Health Group. 9 Wellington St, Unit 1, Cambridge.

Rainbow Connections—Kitchener meetings. 7–9pm, 1st and 3rd Thursdays of the month—**April 7 & April 21.** LGBTQ & Mental Health Group. Main floor, Self Help Alliance, 67 King St E. Kitchener. Meetings on the Please wait at the doors on Frederick Street and someone will let you in the building for group. If you will be late, please contact us in advance so we know when to let you in. Also note that there is a 15 minute time-period that we can let you in, otherwise it becomes disruptive to group. We will be in the downstairs room, so ring the downstairs doorbell to be let in.

Rainbow Newcomers. 7-9pm, 2nd Thursday of the month: **April 14.** A place for LGBTQ-identified immigrants and refugees to socialize with each other and with LGBTQ people who have been in town for a while, and discuss issues related to being a newcomer to Canada. @ SPECTRUM.

Rainbow Parenting: Four Workshops held 10am-2:30pm, @KW Counselling Services, 480 Charles St E, Kitchener. **April 2 (Sat.)** For LGBTQ+ Parents/Caregivers who have children and/or teens.

April 9 (Sat.) For Parents/Caregivers who have LGBTQ+ children and/or teens.

April 16 (Sat.) For Trans Parents/Caregivers who have children and/or teens.

April 23 (Sat.) For Parents/Caregivers who have Gender Independent or Trans children and/or teens.

Register by phone at 519-884-0000 x248 or by email at parenting@kwcounselling.com

SPECTRUM Reading Circle. 6:30-8pm, 4th Thursday of the month: **April 28.** Come join us as we read short stories/articles and discuss them. @ SPECTRUM.

SPECTRUM Saturday Social 2-6pm, Saturdays: **April 2, April 9, April 16, April 23 & April 30.** An informal afternoon of socializing in a safe and normalizing space. We have friendly volunteers, an extensive collection of games, books and DVDs, and free wi-fi - and a jigsaw puzzle on the go. @ SPECTRUM. NOTE: Saturday, **April 9** we are doing **Spring Cleaning.** Please join us to tidy our home up.

Three Dollar Bills - Financial Planning with Pride. 6-8pm, first Monday of the month—**April 4.** A confidential, drop-in, peer-support group for LGBTQ folks who want to learn more about money. @SPECTRUM.

Trans Peer Support Group. 7-9pm, 1st & 3rd Thursdays of the month: **April 7 & April 21.** New Day—New Time—New Facilitator. A safe and normalizing environment for anyone identifying in the trans/gender variant umbrella. @ SPECTRUM

Trans Social Night. 6-10pm, 2nd Thursday of the month: **April 14** @ Big Mama's Kitchen, 26 Ainslie St S, Cambridge (across from the bus terminal in Cambridge).

Waterloo-Wellington-Perth PFLAG. Parents, Family & Friends Peer-Support Group. 7-9pm, 3rd Tuesday of the month: **April 19** @ Pre-School Room, Downtown Community Center, 35-B

Weber St W, Kitchener.

May

2016, May 5 (Thurs.)-May 8 (Sun.)

Rainbow Reels Queer and Trans Film Festival: Coming Out. Details to be announced at Facebook page. <http://www.facebook.com/rainbowreels/>

2016, May 25 (Wednesday)

13th Annual Lesbo Bingo. A major fundraising event organized by Secrett Events. The Boathouse, 57 Jubilee Dr, Kitchener. Details to follow.

June

2016, June

Secrett Mystery Bus Tour. One Bus! One Destination! Endless Possibilities! A reprise of a popular event in which you buy a ticket, board the bus and wait to see which fabulous location you end up in. Rave reviews from previous years. Details to follow.

NO tri-Pride Festival this year.

Volunteering with SPECTRUM

Are you interested in volunteering with

SPECTRUM to help us in the work that we do for our community? If so, we have volunteer opportunities in these areas:

Trans Services—ensuring that essential programs and services for trans individuals are in place.

Ageing with Pride—seeing to the needs of older LGBTQ adults.

International Services—working with people recently come to Canada.

Recreational Programs—running our recreational programs and creating new ones as needed.

Fundraising—making sure that we have adequate funding.

Information Services—working on print and online publications.

Communication & Promotion—interacting with the public to answer queries and promote our work.

Library Management—working with our collections of books and films.

Rainbow Historical Project—assisting with the operation of the Project.

Volunteer Coordination—recruitment, training, and management of our volunteer base.

We have more detailed information on the above. If you are interested in learning more, **please contact volunteer@ourspectrum.com**