

SPECTRUM

Rainbow Community Calendar

The *Rainbow Community Calendar (RCC)* is a monthly publication serving the LGBTQ community of Waterloo Region. It is named in tribute to the *Pink Triangle Community Calendar* created in 1989 by community activist Lisa Simkins. The *RCC* is issued by the **Rainbow Community Calendar Collective**, an action group of **SPECTRUM—Waterloo Region's Rainbow Community Space**. Print copies available at **SPECTRUM** (42 Erb St E, Waterloo), **ACCKWA**, and various bars, clubs, cafes, etc. in Waterloo Region. Online at <http://ourspectrum.com/Comm/CommunityEvents.html>
Send events to info@ourspectrum.com by the **20th of each month**.

This Just In: TRANSITION FOR SPECTRUM—For the month of MAY, many, but not all, SPECTRUM programming events will held in the **Pre-School Room, Downtown Community Centre, 35-B Weber St W, Kitchener**. If you are coming by car, first park your car, then go to the reception desk to get a parking decal to display in your car. This building is located a 7 minute walk from the Charles St terminal—just walk up Ontario St. to Weber St.—it's on your left. Use this Calendar to learn the location of specific SPECTRUM events.

SPECTRUM'S Resource Centre and Drop-In Space is at 42 Erb St E, Waterloo. Website: <http://ourspectrum.com/> (includes hours of opening and much more)
Facebook: <http://www.facebook.com/SpectrumCommunitySpace>
Twitter: @spectrumwat Email: info@ourspectrum.com

2015, May 1 (Fri.) -10 Sun.)

Guelph Pride.

2015, May 1 (Friday)

gaymday. 7-10:pm, The Order, 56 King St N at Princess St, Waterloo. Join us to play board games, and solve puzzles; stay after to dance. By SPECTRUM.

Karaoke with Rui. 8pm-11:59pm at Sizzle, 135 George St N, Cambridge.

2015, May 3 (Sunday)

SOMOH—Men's Hiking Group

(SPECTRUM). 1-5pm. Details: <http://www.facebook.com/groups/SOMOH1/>

Queer & Trans Yoga. 6-7pm at Queen Street Yoga, 44 Queen St S. Kitchener. A class for folks who self-identify as queer, trans, LGBTQ+ and want to be part of a positive community space. Sliding scale price (\$3-15).

2015, May 4 (Monday)

Torchlight Gender Support Meeting in Cambridge. 7-9pm. First Monday each month. Contact: grsmedia@hotmail.com

2015, May 6 (Wednesday)

Queercraft—a Queer Crafting Group. 2-5pm @ Woolverine, 93 King St W, Kitchener. Powered by SPECTRUM.

Wednesday Night Discussion Group Meeting. 7:15-8:30pm. Rm. 353, Environment 1 Bldg, UW.

Trans* Peer Support Group - Questioning Gender. 7:30– 9:00pm. By SPECTRUM. Pre-School Room, Downtown Community Centre, 35-B Weber St W, Kitchener. For anyone who identifies in the trans/gender variant umbrella.

2015, May 7 (Thursday)

Rainbow Open Recovery. 6-8pm @ Lutherwood, 165 King St E, Kitchener (across from Market Square). 1st & 3rd Thursdays. A facilitated space to find addiction support to all in the rainbow community. Sponsored by House of Friendship and SPECTRUM. Refreshments. Transportation and child-care subsidies available.

Rainbow Connections: Open Topic. 7–9pm. Main floor, Self Help Alliance, 67 King St E. Kitchener. Please wait at the doors on Frederick Street and someone will let you in the building for group. If you will be late, please contact us in advance so we know when to let you in. Also note that there is a 15 minute time-period that we can let you in, otherwise it becomes disruptive to group. We will be in the downstairs room, so ring the downstairs doorbell to be let in.

Mr. & Miss tri-Pride Pageant. 8pm. At Sizzle.

2015, May 8 (Fri.) - May 10 (Sun.)

Tri-City Roller Derby - Beaver Feaver 2015. 6pm Friday—9pm Sunday. Waterloo Memorial Recreation Complex, 101 Father David Bauer Dr., Waterloo.

2015, May 8 (Friday)

gaymday. 7-10:pm, The Order, 56 King St N at Princess St, Waterloo. By SPECTRUM.

2015, May 9 (Saturday)

Tri-City Bear Meat. 8pm-2am at Sizzle.

2015, May 10 (Sunday)

SOMOH—Men's Hiking Group (SPECTRUM). 1-5pm. Details: <http://www.facebook.com/groups/SOMOH1/>

Queer & Trans Yoga. 6-7pm at Queen Street Yoga, 44 Queen St S. Kitchener.

2015, May 12 (Tuesday)

Queercraft—a Queer Crafting Group. 6-8pm @ Woolverine, 93 King St W, Kitchener. Powered by SPECTRUM.

OK2BME Youth Group - Healthy Relationships with Planned Parenthood Speaker. 6-7:30pm.

Coming Out Older Discussion Group. 7 – 8:30pm. By SPECTRUM. Pre-School Room, Downtown Community Centre, 35-B Weber St W, Kitchener.

2015, May 13 (Wednesday)

Wednesday Night Dinner Group

Meeting. 7:15-9:00pm. Shoeless Joes, 253 King Street North, Waterloo.

2015, May 14 (Thursday)

Rainbow Newcomers. 7-9pm. By SPECTRUM. Pre-School Room, Downtown Community Centre, 35-B Weber St W, Kitchener. A place for LGBTQ-identified immigrants and refugees to socialize with each other and with LGBTQ people who have been in town for a while, and discuss issues related to being a newcomer to Canada.

Transgender Social Night. 7-11pm at Sizzle, 135 George St N, Cambridge.

2015, May 15 (Friday)

gaymday. 7-10:pm, The Order, 56 King St N at Princess St, Waterloo. By SPECTRUM.

Walk a Mile in Her Shoes Drag Show & Fundraising. 8pm at Sizzle.

2015, May 17 (Sunday)

SOMOH—Men's Hiking Group (SPECTRUM). 1-5pm. Details: <http://www.facebook.com/groups/SOMOH1/>

Queer & Trans Yoga. 6-7pm at Queen Street Yoga, 44 Queen St S. Kitchener.

2015, May 18 (Monday)

Torchlight Gender Support Meeting in Waterloo. 7-9pm. Third Monday each month. Contact: grsmedia@hotmail.com

2015, May 19 (Tuesday)

Waterloo-Wellington-Perth PFLAG Parents, Family & Friends Peer-Support Group. 7-9pm. Pre-School Room, Downtown Community Centre, 35-B Weber St W, Kitchener.

2015, May 20 (Wednesday)

Queercraft—a Queer Crafting Group. 2-5pm @ Woolverine, 93 King St W, Kitchener. Powered by SPECTRUM.

Wednesday Night Discussion Group Meeting—Spirituality and the Rainbow Community. 7:15-8:30pm. ACCKWA, 639 King St W, Kitchener.

Trans* Peer Support Group - Dating and Relationships. 7:30– 9:00pm. By SPECTRUM. Pre-School Room, Downtown Community Centre, 35-B Weber St W, Kitchener. For anyone who identifies in the trans/gender variant umbrella.

2015, May 21 (Thursday)

Rainbow Open Recovery. 6-8pm @ Lutherwood, 165 King St E, Kitchener (across from Market Square). 1st & 3rd Thursdays. A facilitated space to find addiction support to all in the rainbow community.

Rainbow Connections: Managing Anxiety. 7– 9pm. Main floor, Self Help Alliance, 67 King St E. Kitchener. See entry two weeks earlier for more details.

2015, May 22 (Friday)

gaymday. 7-10:pm, The Order, 56 King St N at Princess St, Waterloo. By SPECTRUM.

2015, May 23 (Saturday)

DJ Dallas Dance Party. 9pm-2am at Sizzle, 135 George St N, Cambridge.

2015, May 24 (Sunday)

SOMOH—Men's Hiking Group (SPECTRUM). 1-5pm. Details: <http://www.facebook.com/groups/SOMOH1/>

Queer & Trans Yoga. 6-7pm at Queen Street Yoga, 44 Queen St S. Kitchener.

2015, May 26 (Tuesday)

Queercraft—a Queer Crafting Group. 6-8pm @ Woolverine, 93 King St W, Kitchener. Powered by SPECTRUM.

OK2BME Youth Group - Focus Group about Experiences as LGBT Youth. 6-7:30pm.

Coming Out Older Discussion Group. 7 – 8:30pm. By SPECTRUM. Pre-School Room, Downtown Community Centre, 35-B Weber St W, Kitchener.

2015, May 27 (Wednesday)

Wednesday Night Dessert Group. 7:15-9:00pm. Symposium Café, 4 King St. N., Wloo.

2015, May 28 (Thursday)

AIDS Awareness Drop-In. 5-8pm, SPECTRUM, 42 Erb St E, Waterloo. With Colin Boucher of ACCKWA.

Lazy Queer Reading Circle. 6:30-8pm, By SPECTRUM. Pre-School Room, Downtown Community Centre, 35-B

Weber St W, Kitchener. Come join us as we read short stories/articles and discuss them.

SOLA Cambridge Mix and Mingle. 7pm – 11pm at Sizzle.

2015, May 29 (Friday)

gaymday. 7-10:pm, The Order, 56 King St N at Princess St, Waterloo. By SPECTRUM.

Pride at Night Walk—Doon. 8pm.

2015, May 30 (Saturday)

Pride Events: 3pm—Flag Raising Cambridge Civic Square; **4pm—**Bears vs Queens Baseball Game @ Dickson Park; **8pm—**tri-Pride Launch Party @ Sizzle, 135 George St N, Cambridge.

OK2BME 10th Anniversary Pride Prom. 8pm, Fed Hall, UW. Ages 19+

2015, May 31 (Sunday)

SOMOH—Men's Hiking Group (SPECTRUM). 1-5pm. Details: <http://www.facebook.com/groups/SOMOH1/>

Queer & Trans Yoga. 6-7pm at Queen Street Yoga, 44 Queen St S. Kitchener.

Beyond

2015, June 6 (Saturday)

tri-Pride Outdoor Music Festival. . Zehr Square, Kitchener. Begins 12 noon.